

# SEATON AGED CARE

## CHOOSE THE WAY YOU LIVE

Seaton Aged Care is a vibrant and close-knit community that proudly celebrates Eastern European culture.

We offer delicious Eastern European home style cooking, honour cultural customs and have many bilingual staff.

We're also located within a stone's throw of the popular Royal Adelaide Golf Club.

Taking care of older people  
from Eastern European  
backgrounds

### Life at Seaton

- A warm and intimate facility, Seaton Aged Care is the perfect choice for those of Eastern European heritage.
- Honour your cultural customs and enjoy delicious home style cooking in a community you'll love to call home.
- Our leisure program is designed to match your pace and recognise your cultural customs, with a choice of lifestyle activities and outings.
- Celebrate significant cultural events and take part in traditional Christmas and Easter customs, as well as religious services, cultural dance and music performances and traditional films.
- We love getting your family involved in what you're doing, and help you stay connected with your friends and community.
- We uphold strong links with local community and cultural organisations, churches and social clubs.
- We have pastoral practitioners who provide personalised and ongoing spiritual and emotional support for a diverse range of religious and spiritual needs.
- Our team of volunteers are also on hand to help you with activities such as gardening, exercise and craft.
- All meals are tasty, healthy and culturally appropriate. Catering staff make sure all meals fulfil nutritional requirements.
- Our on-site hairdresser does everything from cuts to colours.
- Enjoy indoor and outdoor living areas, where you can entertain family and friends or indulge in a good book.

### Caring for you

Our care isn't just about bricks and mortar. It's about people. In fact, our organisation has been caring for South Australians since 1919.

As a Seaton Aged Care resident, you'll have a dedicated care team with access to a registered nurse 24 hours a day and allied health professionals, including physiotherapists, podiatrists and dietitians.

UnitingSA provides Palliative Care services to support the quality of life of residents living with a life-limiting or terminal illness.

Our Palliative Care services address an individual's physical, emotional, social and spiritual needs to help them live their life as fully and as comfortably as possible.

**We offer specialised holistic programs to meet physical and cognitive needs.**

Activities may include:



**Pet Therapy**



**Music Therapy**



**Relaxation Services**



# SEATON AGED CARE

172 Trimmer Parade, Seaton

**Seaton is known for its high-quality care, expert staff and people-first attitude.**

It's this approach that sees our residents receive the individual consideration they deserve.

You are joining a vibrant community, with all the support you need to live a meaningful life and celebrate your rich culture.

## ACCOMMODATION CHOICES

Room type	Cost p/day	Refundable deposit
Single room + private ensuite (10m <sup>2</sup> )	MPIR	\$200,000
Single room (10m <sup>2</sup> )	MPIR	\$200,000
Companion room + private ensuite (15.36m <sup>2</sup> )	MPIR	\$150,000
Companion room (15.36m <sup>2</sup> )	MPIR	\$150,000

MPIR = Current maximum permissible interest rate  
Refer to Department of Health Schedule of Fees and Charges  
Prices correct at time of publishing – subject to change

## ROOM FEATURES

Built in wardrobes

Comfortable electric beds

Flat screen TV

Phone

External views with opening windows

## HOME FEATURES



**Bilingual & Bicultural Staff**



**Laundry Services**



**24 Hour Care**  
UNDER REGISTERED  
NURSE SUPERVISION



**Hairdressing Salon**



**Allied Health Services**



**Leisure & Lifestyle Programs**



**Sustain Cultural Customs**



**Gardens & Outdoor Areas**



**Freshly Cooked Meals**  
(EASTERN EUROPEAN MENU)



**Undercover BBQ Area**



**Communal Lounge & Dining Areas**



**Homely & Comfortable Sitting Areas**



## UNITING SA *Together we can*

UnitingSA is a not-for-profit organisation all about personalised aged care experiences. We work collaboratively to create flexible care and accommodation choices, with a long and proud history of community support dating back to 1919.

We give you a choice of residential aged care, retirement living, home care and respite, over several locations, so you can continue to choose the way you live.

### Admissions Team

**P.** (08) 8448 6280

**E.** [admissions@unitingsa.com.au](mailto:admissions@unitingsa.com.au)

### My Aged Care

**P.** 1800 200 422

**W.** [myagedcare.gov.au](http://myagedcare.gov.au)

All our residential sites are fully accredited by the Aged Care Quality and Safety Commission. Prices published do not apply to people receiving or eligible for Government support.