

HOCARE HESEET FORT ADEE

ANNUAL REPORT

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## **OUR YEAR BY** THE NUMBERS

## **BASED ON STATISTICS COLLECTED** OVER THE 2015-16 FINANCIAL YEAR



VOLUNTEERS



PEOPLE CARED FOR ACROSS AGED CARE

2,821

OCCASIONS OF EMERGENCY ASSISTANCE

3

3,501

## WELCOME

We are an internationally accredited organisation that delivers quality and person centred services to people and communities across South Australia. Since our establishment in 1919, our vision has always been to create a compassionate, respectful and just community in which all people can participate and flourish.

We boast a diverse portfolio of services and offer support and solutions across many disciplines and sectors including aged care, community welfare and employment services.

Every year our 923 staff and a network of over 150 volunteers support more than 16,000 people including the elderly, vulnerable young people, adults and families, people with mental health disabilities, individuals seeking employment and people from culturally and linguistically diverse backgrounds. Our clients always remain at the centre of what we do.

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LIVES TOUCHED



**EMPLOYEES** 









## Keeping Our Wetlands Beautiful



No piece of rubbish goes unnoticed when our Wesley Social Enterprises crew works to clean up wetlands in Adelaide's north.

The team visits four wetlands each month to ensure the waterways are not polluted, as part of a contract with Playford Council.

WSE Gardening Supervisor Monique Alberton says the council is increasingly using our services because of the quality of work done. The team also cleans up the council's works depot monthly and undertakes gardening in elderly residents' homes as part of the Home Assist program.

"We got the work because we do other work for the council and they were so impressed with what our guys do," Monique says.

"We are reliable, we are on time and we always work to a high standard.

5

"Our guys take a sense of pride in their work."

66

Monique says the rubbish ranges from small pieces such as wrappers, straws and bottles, through to larger dumped items.

"We've even had a working lawnmower and shopping trolleys and chairs, believe it or not."

Watching the team at work, diligently combing the wetlands for rubbish, their sense of pride and achievement is evident.

Michael says he "loves being in nature" and for Andrew, "it's great being able to work outside".

Christopher joined the crew in February and says he loves being able to help in a meaningful way.

"It's a good job doing the wetlands and giving back to the environment."



## WE ARE RELIABLE. WE ARE ON TIME AND WE ALWAYS WORK TO A HIGH STANDARD.

## CHAIR'S REPORT

### I am passionate about the work that we do at UnitingCare Wesley Port Adelaide (UCWPA) and feel privileged to be a part of the organisation's leadership group.

My role as Chairperson this year has been challenging, rewarding and busy.

Our focus over the past year has been to identify areas of service growth, to set strategy and ensure our organisation's sustainability. Our decisions have been informed by the increasing demands for community and aged care services as well as the rapidly changing policy environment.

In all that we do, we remain committed to building a strong service footprint across South Australia and responding appropriately to community need. This involves investing in areas of our work that deliver positive outcomes for individuals, families and community.

This year, the Board and senior staff worked together on significant aged care, community housing and community services strategies that will provide clear direction for the organisation over the next 5 years.

The organisation is engaged in some exciting feasibility work for future aged care services and our response to NDIS. We are also developing a complete continuum of care for all our aged care services. We recognise the urgent need for brand recognition and are working with senior management on developing new branding for the organisation. To help us focus our strategic work the Board has established an interim Strategic Advisory Committee. This allows a group of Board members to work closely with senior management on major strategic matters before these go to the Board for final approval.

This year the Board appointed JB Were as our new investment advisors.

We progressed our preparations for the approaching reforms to aged care and disability funding and we continued to assess UCWPA's governance environment and technologies to ensure that our systems will cope with the transition.

The implementation of a new client database system which collects data across the community service portfolio will be a huge asset in helping us to focus our work and see where we have made a difference. The system has enabled us to evaluate and measure the difference that we make. Similarly, our new finance system has provided great support for advancing modern data and reporting systems across the organisation.

Our approach to quality service delivery held us in good stead for accreditation. We retained international status for best practice against the highest set of standards for health and community services, achieving both Certificate and Award levels of the Australian Service Excellence Standards. Notably this year, we were one of the first organisations to re-endorse the Charter of Rights for Children and Young People in Care. This is a great achievement. We are fortunate to have loyal and generous donors who partner with us to support initiatives that are unfunded by the government. This assistance helps us stay innovative in our work and multiplies the positive impact we have in the community.

Our achievements, some of which are highlighted in this publication, are due to the commitment of our staff and volunteers who are passionate about what we do. I acknowledge their hard work and thank them for their contributions over the year. I also extend my sincere thanks to the members of our Board, the senior management team, as well as the leadership of CEO Libby Craft during what has been a busy and demanding year.



MS GAEL FRASER Board Chair

## **CEO'S REPORT**

I am truly proud of our team at UnitingCare Wesley Port Adelaide (UCWPA), and the quality services that we deliver to improve the lives of all those we support.

Every day has its challenges but this year we embraced them as opportunities for positive change, innovation and community action. Despite funding and program uncertainties, our dedication to working alongside people to improve their quality of life continues to resonate in our communities.

I am one of the fortunate people who is witness to many of our organisation's achievements and for that I am grateful. The way our people work together to find long-term solutions, provide opportunities and improve wellbeing for people who access our services is admirable.

This year our services touched the lives of 16,078 people, which was all made possible thanks to the tireless work of our 923 staff and 157 volunteers who are dedicated to our mission.

UCWPA is committed to working collaboratively with other organisations to achieve greater collective impact, strengthen community and alleviate disadvantage.

One of the most significant collaborations this year has been our new Emergency Relief consortium with Lutheran Community Care, UnitingCare Wesley Bowden and CareWorks SA. The initiative is allowing us to ensure consistent emergency relief services are provided to people in need, regardless of their entry point.

Our Youth and Family Services team partnered with Re-engage Youth Services and Aboriginal Family Support Services to deliver URBAN Youth Services, a new program supporting young people across Adelaide. The program's flexibility allows us to tailor support to individual needs including education, mental health and community connection. I was privileged to be part of cohosting a Community Service Conference with UnitingCare Wesley Bowden - Working in the New World: From Competition to Collaboration. Led by Tracey Ezard, an expert on learning intelligence, the conference brought together hundreds of workers from both organisations to explore ways we can engage, collaborate and act to increase our collective impact.

This year we were awarded several significant contracts and launched new programs.

Notably in March, the Federal Government chose UCWPA to deliver ParentsNext, a program helping parents with young children prepare to join or re-enter the workforce. In June we were awarded an 18-month contract to deliver Building Family Opportunities - Families in Transition (FiT), to help families find new work owing to industry closures. Combined, the programs will help us find long-term job solutions, provide stability and new opportunities for unemployed families into the future.

Our Ethnic Link Services have transformed the lives of many older people from culturally and linguistically diverse backgrounds. A new initiative has been running classes and individual support on how to use the internet. The project has been successful in greatly reducing social isolation with many of the participants now using technology to connect with family and friends.

The past year has continued to be one of development and expansion for our aged care services, with 2821 people cared for across our residential, home-care and retirement living programs.

Over the past 12 months we have continued to upgrade and refurbish our aged care sites to provide an optimal level of care and comfort to our residents.

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Stage 2 of the \$40 million Wesley House Aged Care redevelopment has been completed and work is underway to finish the three-stage project by October. Once complete, more than 160 residents will enjoy the modern accommodation, and will call Wesley House home.

We also launched a new Pets in Residence program. The initiative is part of our commitment to provide pet-friendly options for people moving into aged care. This year we welcomed our first dog into Regency Green Multicultural Aged Care.

The community's generosity and passion to get behind our campaigns was awe-inspiring. Our Christmas Appeal collected a record-breaking 2654 toys that were distributed to children in need, and our campaign to support SA's homeless, Hang it up for Poverty, collected 17,456 items of clothing and raised \$39,460. For the first time we set up a clothing distribution centre, allowing charities from across SA to bring people in need to us for a free shopping experience, further expanding our reach.

I wish to express my sincere thanks to staff and volunteers for all their hard work to make our communities a better place for all. I would also like to thank the Senior Management team and Board of Directors for their invaluable support, leadership and expertise. And, to all of our partners, thank you for adding real value and meaning to the services that we provide.



MS LIBBY CRAFT Chief Executive Officer



## **Connecting Seniors** To The World

With the click of a button, our Ethnic Link Services are transforming the lives of older people from culturally and linguistically diverse backgrounds.

ELS introduced an IT program this year to teach seniors with little or no English how to use the internet.

Through a series of five workshops participants are taught how to use Google Search and Google Maps, Skype, and take photos and videos.

The classes are held in the participants' primary language, with relevant cultural images and music used to truly engage the groups.

Classes were initially held for the Persian and Greek communities and following their success were subsequently rolled out in Spanish.

The idea for the program was developed by the Senior Program Manager of Service Development, Tina Karanastasis, and was supported with funding from Multicultural SA.

Ethnic Link Services Manager Angelika Tyrone says the program has exceeded all expectations with many participants going on to buy their own tablets and requesting additional workshops.

"Participants responded overwhelmingly to this program because it was presented in their own language and tailored to their needs," Ms Tyrone says.

"They were able to explore how the internet can connect them to their family and friends, as well as their local community and country of origin.

"There were intergenerational benefits as well, with 85% of participants indicating that they felt more confident about discussing the internet with their children and grandchildren."

Participant Manouchehr Fallah, 82, is testament to the program's success.

Ever since Mr Fallah moved to Australia from Iran in 1997, he felt a sense of disconnection.

As a published poet, language has always been integral to Mr Fallah's life and with limited English he found it difficult to communicate in his new country.

Mr Fallah says he will never forget the moment he Googled his own name during one of the classes.

He discovered that his published books of poetry written in his native Persian were available for people world-wide to buy.

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"I realised that as much as I could order a book, people could also order my book from other parts of the world through the computer," Mr Fallah says, with the help of Persian Group facilitator and translator Parvaneh Rajaeian.

"I felt a sort of relief because I've been sitting and writing for such a long time but now I see people can use these books and read them.

"I am able to share all of my emotions with other people around the world. When I think about that I feel great and sit back and smile."

Mr Fallah says the discovery has encouraged him to pursue his poetry with a new determination.

He is in the process of writing a new book of poems and says his life story won't be far away.

He is also using Facebook to share his poetry and has bought a new mobile phone, allowing him to engage with technology wherever he is.

Mr Fallah was so overcome by the experience he wrote two poems in Persian – one to the IT consultant running the sessions, and one to Ethnic Link Services.

"I tried to thank all the people who are working with Ethnic Link and helping us have a better life.'

I AM ABLE TO SHARE ALL OF MY EMOTIONS WITH OTHER PEOPLE AROUND THE WORLD. WHEN I THINK ABOUT THAT I FEEL GREAT AND SIT BACK AND SMILE."

## **OUR CONSUMERS**

### TOTAL NUMBER OF LIVES TOUCHED BY UCWPA



### AGED CARE TOTALS

This year we provided flexible, holistic and person-centred care for 2,821 older people.



### COMMUNITY SERVICE TOTALS

This year we provided 13,257 occasions of community services to people, many of whom face multiple barriers.



## SERVICE QUALITY AND OPERATIONAL COMPLIANCE

UCWPA is recognised internationally for best practice against the highest set of standards for health and community services.

We are committed to providing high quality support to our staff and people in the community.

Our robust corporate governance, organisational development and risk management systems and our commitment to continually review and improve our systems ensured great outcomes were achieved.

Our organisational policies, procedures and guidelines were reviewed and updated in accordance with changes in legislation and our quality systems.

### This year we:

- Achieved full accreditation with the Australian Service Excellence Standards (ASES) at both Certificate and Award levels.
- all aged care facilities. • Successfully undertook our first
  - recertification audit against the new six National Standards for Disability Services.
  - Western Adelaide Homelessness Services 24-hour Children's Residential Facility Licence Review.
- Became one of the first and Young People in Care.

**Collaborations and partnerships** are integral to our work and allow us to extend our community impact.

### This year we:

- Were represented in more than 20 collaborations and partnerships working towards policy development and improving service delivery across the homelessness sector, including the Western Adelaide Homelessness Collaboration, which we chaired, the Youth Homelessness Strategic Group, Generic Homelessness Services Network, the state-wide Homelessness Strategic Group, Children's Strategic Action Group and the Boarding House Coalition.
- Formed a consortium with Lutheran Community Care, UnitingCare Wesley Bowden and CareWorks SA to provide emergency relief services to people in need.
- Partnered with Aboriginal Family Support Services and Re-Engage Youth Services to launch URBAN Youth, which provides early intervention and prevention services for young people.
- Collaborated with Rotary to send hundreds of beds from our aged care sites to developing countries world-wide to help communities in need
- Joined with other community organisations to launch Paint the Parks & Gardens REaD, a project to boost literacy levels of children in the western suburbs.

Maintained accreditation across

• Successfully completed the annual

organisations to re-endorse the Charter of Rights for Children

We also established an Inclusion and Diversity Committee to further build on our commitment to being an inclusive workplace that promotes and celebrates diversity among staff.

"UCWPA recognises its responsibility to be flexible to meet the changing needs of its clients and service delivery outcomes. UCWPA is clearly focused on its clients and that each client achieves value from the connection with the organisation."

Australian Service Excellence Standards Audit Report

## COLLECTIVE IMPACT

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- Held a conference with UnitingCare Wesley Bowden – "Working in the New World: From Competition to Collaboration" – to explore ways to increase our collective impact.
- Formed a new partnership with Port Adelaide Football Club to provide employment opportunities for young school graduates, as part of the Powerful Futures program.
- Collaborated with the Animal Welfare League on a companion animal program for aged care residents.



## Duo's Fresh Outlook



Two new faces in our organisation

are proving the value of collaboration.

Cassius Stuart, 19, started a 12-month traineeship with us which included

rotations through our Building Family

Opportunities program, Community

Mental Health programs and

the Aboriginal AFL Academy.

The academy helped Cassius, originally from Port Augusta, complete his SACE in Adelaide while also further enhancing

his football skills.

himself possible.

He was recruited for the position

via our new partnership with Port

Adelaide Football Club, which runs

Cassius says the academy developed

his leadership skills and motivated

him to become the best version of

Homelessness Services.

He says being chosen for the traineeship is the next step in his journey to inspire other Aboriginal people to succeed.

"I want to be a good role model for the community, which has inspired me to get into this and really push for this job," he says.

"My ultimate goal is to try to make a change with people and how they see things, especially Aboriginal people.

"I want them to see that you can do anything if you put your mind to it."

Cassius is working in our programs four days a week and spends each Friday at Tauondi College, where he is gaining his Certificate 3 in Community Services.

He is joined at the classes by Emma Flanagan, who began work this year in our Employment Related Accommodation program.

The 33-year-old had only just begun to study at Tauondi when she learned about the opportunity at an information day on Aboriginal traineeships, which was hosted by a consortium including UCWPA.

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She is now providing support for Aboriginal people who are moving from remote communities to Adelaide to pursue educational and employment pathways.

"When I started study my main aim was to work with Indigenous people and give back to my community, so for me to get a position where all our clients are Aboriginal ... I could not have asked for a better opportunity," Emma says.

"I'm learning so much and having the best time – I don't want this year to end."



## I WANT THEM TO SEE THAT YOU CAN DO ANYTHING IF YOU PUT YOUR MIND TO IT.

## OUR PEOPLE

The high quality support we offer to people in the community would not be possible without the hard work and dedication of our employees and volunteers. As at 30 June 2016, we employed 923 people and had 157 volunteers working across community services and aged care.

We are committed to our staff's personal and professional development and this year provided learning opportunities to 796 employees and 130 volunteers. In total, we invested more than \$200,000 to provide 8700 hours of training and development, ranging from refresher courses through to accredited training. This included driver safety training for all staff who use a car for work purposes, to ensure they can carry out their roles safely. Volunteers also received targeted training to further equip them in their roles of providing vital support in the community.

We recognised the invaluable contribution volunteers make to our organisation at a special event during National Volunteer Week. Volunteers were each presented with a Certificate of Appreciation during a luncheon at The Lakes Resort Hotel on 11 May.

Some of our long-serving employees were recognised for their ongoing commitment to our organisation at a special ceremony on 26 May. Among the 136 employees recognised, five were given special thanks for 20 years of service, two were recognised for reaching their 25-year milestone and one was recognised for an incredible 30 years of work at UCWPA.

AGE BREAKDOWN



## EMPLOYEE PROFILE AND STATISTICS



GENDER BREAKDOWN



YEARS OF SERVICE





## TOTAL FULL-TIME, PART-TIME & CASUAL EMPLOYEES

VOLUNTEERS





## Home Is Where Her Heart 9s

Your home is your castle, as the saying goes, and it could not be truer for Ruth Johansen.

The spritely 88 year old's home in Semaphore is testament to her colourful character and rich life.

Her shelves are full of books and photographs of the family she has lovingly raised.

When asked for a tour, she leaps to her feet and proudly leads the way through the rooms she knows like the back of her hands.

There are dozens of porcelain dolls she has made over the years, flower arrangements adorn each room and trinkets of all shapes and sizes line the walls.

When asked what the house means to her, the reply is quick.

"Everything," she says.

"I don't want to leave it - ever."

Mrs Johansen is among the growing number of older people being supported to live in their own homes for longer through our Home Care Program.

We provided more than 100 people with Home Care Services in 2015-16, and a further 96 with Transitional Care Packages.

Assistance provided included personal care such as showering and dressing, as well as helping with jobs around the house and transport to appointments and shopping.

Our Support Workers visit Mrs Johansen six days a week to help with her personal care and domestic duties, as well as transporting her to our weekly exercise class.

Mrs Johansen speaks fondly of the support she receives and the "gorgeous people" the program has brought into her life.

"Courtney does the ironing and when she gets a spare minute, she paints my nails," she says.

"Then there's Andrew who runs the exercises and he is wonderful. You ought to meet him.

"And Craig drives the bus and he's gorgeous too."

(17)

UCWPA Home Care Manager Pat Thomas says it is increasingly important for people, such as Mrs Johansen, to receive support to remain in their own homes.

"We have an ageing population and not everyone wants to move into an aged care home or a retirement village," Ms Thomas says.

"There are many reasons people want to stay in their own homes - one of the top being their desire to remain close to family, friends and other social supports.

- "With the aid of support workers, people are able to maintain their lifestyles for much longer than was previously possible.
- "We are very flexible around people's needs and adapt our care to those needs.
- "We are delighted we are able to support people during their twilight years to live the life they want to live, in the place they want to live it."

WE ARE VERY FLEXIBLE AROUND PEOPLE'S NEEDS AND ADAPT OUR CARE TO THOSE NEEDS.

## **OUR COMPANY**

## MEET OUR BOARD OF DIRECTORS





MS GAEL FRASER Board Chair (Commenced 2015) BA, Dip Lib, MRUP

Ms Fraser, a former Chair of SACOSS, has worked extensively in senior government positions as a senior executive and senior political advisor to Government. As the previous Acting CEO, WorkCover SA, Director, Office of the Training & Skills Commission, Senior Consultant, Lizard Drinking, Chief of Staff to several Ministers and Board Member of several organisations and bodies, Ms Fraser has significant expertise in governance, policy, strategy and program development.



Dr Kilvert possesses significant leadership experience through senior executive roles as Chief Executive of the SACE Board of South Australia, Executive Director for Policy, Planning and Performance in the Department of Education and Children's Services, and Principal of Unley High School. He brings expertise in governance, policy, strategy, organisational quality and change management. He is a member of the Board Executive Committee and Chair of the Risk Committee.



MR BRUCE TREBILCOCK Board Treasurer (Commenced 2014) FCPA, FAICD, FGIA, MBA.

Mr Trebilcock is an experienced non-executive Director. During his career, he has been successful in general managerial and financial roles with large corporate organisations. Mr Trebilcock has over 5 years' experience as Director of a major South Australian aged and community care provider. He is a member of the Uniting Church and is also a member of the Board Executive Committee.





**REV JOHN WATT** Board Member (Commenced 2004) B.A. (Soc Wk), L.Th.

The Rev John Watt is a Uniting Church Minister with 30 years' experience in Human Services. Mr Watt has been Superintendent/CEO of what was then the Port Pirie Central Mission and Wesley Mission Ipswich as well as Chair of the Aged Care Australia National Conference. He has recently stepped down as Chair of the South Australia UnitingCare Commission and is Chair of the Board's Aged Care and Property Committee.



Ms Fulcher brings significant leadership experience, including as Chief Executive of the Environment Protection Authority and Housing New Zealand Corporation. She brings expertise in strategy, housing options and support services, community engagement and auditing. She is also on the Urban Renewal Authority Board and chairs its Audit Committee.



MRS DEBBIE MYHILL Board Member (Commenced 1987) IIB

Mrs Myhill has experience in private and public legal practice. Her roles have included senior management of a professional registration board and Chair of a government regulatory body. She is also a member of the Board Executive and Finance Committee.



### MR GARY WILSON Board Member (Commenced 2000) B.Sc., B.Soc.Admin.

Mr Wilson has experience in social work, human resource management and governance in both Government and Non-Government sectors. Previous Executive Director of Shelter SA, Mr Wilson is a member of the South Australian Council of Social Services and is a Visiting Fellow at the University of Adelaide's Centre for Housing, Urban and Regional Planning.

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MRS GLORIA PARKER Board Member (Commenced 2011) BSc, MBA, DipT(Sec.), Grad Dip Ab Studies, CPMgr. Mrs Parker has been a consultant in strategic management, marketing and general management in both the profit and not-for-profit sectors and has lengthy experience in Uniting Church administration and governance, currently attending Brougham Place Uniting Church. She is a member of the Board Finance and Audit Committee.



### MS KAREN HUNT

Board Member (Commenced 2014) B.Beh.Sci, Cert.Min.

Ms Hunt has many years' experience in the higher education and health sectors and brings expertise in stakeholder management, strategy and planning, sponsorship, communication, mental health and community engagement. She is a member of the Risk Committee.

## MEET OUR LEADERSHIP TEAM



### LIBBY CRAFT Chief Executive Officer (Commenced 2006)

*B.Soc Work (Hons), MBA, GAICD* Ms Craft was appointed to the position of CEO in January 2006. She has over 30 years' experience in Human Services having worked in direct service provision, advocacy, policy, research and community development within State and Federal Governments as well as the nongovernment sector.



## ANDREW ZEUNER Senior Manager Business Services (Commenced 2001)

CPA, MBA, B. Economics Mr Zeuner has over 20 years' experience in finance and business development and is currently the Senior Manager Business Services at UCWPA, where he is responsible for the portfolios of finance and administration, Property Services and Information Services, as well as major projects including the redevelopment of Wesley House Aged Care. Mr Zeuner is also the Treasurer of Wesley Social Enterprises Inc. and Portway Housing Association Inc.



## DEBORAH BURTON Senior Manager Aged Care

(Commenced 2004) Bachelor Nursing, Grad Dip Aged Service Management Ms Burton, a registered nurse, has 30 years' experience managing residential and community aged care services. Ms Burton commenced with UCWPA in 1989 and since 2004 has been the Senior Manager Aged Care, responsible for the strategic direction of aged care services. Ms Burton also sits on the Aged & Community Services SA & NT Board.



### JANETTE HANCOCK Senior Manager Organisational Development (Commenced 2011)

Bachelor of Arts with First Class Honours; PhD

Dr Hancock has 13 years' experience in Academia and has worked in not-for-profit executive positions for 8 years. Dr Hancock is currently the Senior Manager Organisational Development at UCWPA where she is responsible for risk and quality management, marketing, research and evaluation, policy development and strategic planning. Dr Hancock is also a Research Fellow at the University of Adelaide and sits on the Bachelor of Social Sciences Advisory Panel.

### CLAIRE HOGARTH

Senior Manager Human Resources (Commenced 2015) Grad Dip HRM

Claire Hogarth is an experienced Human Resources professional with over 15 years' experience across the private, government and not-forprofit sectors. Prior to joining UCWPA, Ms Hogarth served in various HR roles for large to medium companies across various industries, including manufacturing, wine, utilities and health. She also possesses experience working in the government vocational education training sector.



### REV DR LES UNDERWOOD Minister (Commenced 2007)

Dip Min, Dip Div, B Th, Grad Dip PHC (Palliative Care), MA (Chaplaincy), D Min.

Rev Les Underwood has been the Minister at UnitingCare Wesley Port Adelaide since 2007, providing support to people throughout the organisation. In his role he oversees our pastoral practitioners and chaplains, who support people living in our aged care homes, their family members and friends. This is especially important during significant times of need including when people are experiencing grief and loss, are feeling anxious or lonely and when residents move into palliative care. Rev Underwood also runs a 20-week Clinical Pastoral Education program, which trains people to a tertiary level in Ministry and Pastoral Care.

"It was from the Uniting Church that we have our origin and it's from that base that we shape our values and our vision for a compassionate, just and respectful community in which all people participate and flourish. That's the mantra which I take everywhere with me."

Les Underwood



### MEREDITH PERRY Senior Manager Community Services (Commenced 2008)

Dip T. Grad Dip Ed. Couns; Cert Mgmnt & Ldrship, Cert. Mediation Ms Perry has over 30 years' experience in the not-for-profit sector and is currently the Senior Manager Community Services at UCWPA where she is responsible for overseeing a suite of community services and programs which involve strategic planning, business development, policy development, community service program design and financial management. Ms Perry is also on the Board of Portway Housing Association Inc.

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## MINISTER

## **OUR BOARD COMMITTEES**

This year the Board underwent an external review and reduced its Standing Committees from five to four. The Aged Care & Property Committee and Community Services Committee finished in December, with the Strategy Advisory Committee created in January. Each committee is comprised of Directors with experience and expertise in the committee's area of responsibility. Each committee has its own Terms of Reference and meets regularly throughout the year.

## EXECUTIVE COMMITTEE

The Executive Committee is responsible for attending to requests for advice on issues that affect corporate governance; Chair and CEO recruitment and appraisal; managing the review of Board performance; and identifying and overseeing the recruitment of new Board members when the need arises. This committee will be renamed the Governance Committee next year.

## FINANCE AND AUDIT COMMITTEE

The Finance and Audit Committee oversees UCWPA's financial and

investment interests at a high organisational level. The committee is responsible for assessing financial performance against budget projections and ensures the integrity of financial budgeting, reporting and audits. It also informs long term financial projections and manages the organisation's financial risk, audit and compliance requirements.

## **RISK COMMITTEE**

The Risk Committee oversees strategic high level risk management for the organisation, monitoring compliance with, and progress against, UCWPA's frameworks and systems. The committee is responsible for overseeing quality and accreditation audit standards and statutory obligations regarding legislation, regulations and policies.

## STRATEGY ADVISORY COMMITTEE

The Strategy Advisory Committee is responsible for overseeing and guiding the implementation of the Board approved strategies. It is a short term sub-committee created to oversee a complex change process.

## AGED CARE AND **PROPERTY COMMITTEE**

The Aged Care and Property Committee provided oversight and long term strategic direction for UCWPA's aged care services and oversaw the management of property and assets owned and occupied by UCWPA. The committee made recommendations to the Board on major projects and proposals, provided advice on asset management, major property development projects, and ensured policy compliance.

## COMMUNITY SERVICES COMMITTEE

The Community Services Committee provided oversight for the long term strategic direction of UCWPA's Community Services. It provided recommendations to the Board regarding opportunities in community services and offered advice on major projects and proposals for new projects.

## An Event to Remember



People we support in the country joined forces with Australia's first girl band with disabilities in May to transform the usually quiet Bordertown into a hive of musical creativity.

People from our Kingston and Bordertown sites spent a day with The Sisters of Invention, writing and recording an original song.

They then visited Tatiara Civic Centre in the evening to watch the fivemember pop band perform.

UCWPA Employment Access Coordinator Kelly Wigney says it was one of the most exciting days the group has ever experienced.

"In the country we don't have much exposure to music and dance and the arts," she says.

"It took a lot of behind the scenes work to make it happen – it was 12 months in the making.

"For us this is about as massive as it gets."

The day was made possible thanks to a Country Arts SA grant and collaboration with Tatiara Council and Tutti Arts, an organisation that supports the development of artists with a disability.

Ms Wigney says the participants, from our Day Options programs, relished the opportunity to work together to create music.

## ENVIRONMENTAL SUSTAINABILITY

At UCWPA we are continually implementing strategies to reduce our carbon footprint as part of our ongoing commitment to protect the environment.

### This year we:

- Received delivery of the second stage of the Wesley House Aged Care development, which included increasing amounts of solar power and the commissioning of an advanced energy monitoring system to enable this site to be established as a flagship for efficiency.
- Commissioned a sustainability dashboard to track the organisation's carbon inventory.

(22)

- Continued the implementation of eco-friendly waste management systems which resulted in overall landfill reduction.
- Continued to progress the organisation's Environment and Sustainability Action Plan.
- Continued our LED lighting replacement program across the organisation.
- Continued introducing hybrid vehicles to our corporate fleet, as well as purchasing significant offsets to make our fleet carbon neutral.



(23)

"Some of those involved had very significant needs but were still able to participate and flourish to their absolute max," she says.

"The clients enjoyed the experience immensely but the main thing is clients who we thought might be a bit resistant to join in were out the front in the action.

"There was a real sense of pride that they were able to achieve something to a high level."

The next step is to try to get the song played on local radio and potentially even sell a CD to raise money for the group to have more new experiences.

"These are opportunities that just aren't here in Bordertown and people in the city take them for granted," Ms Wigney says.

"All I can say is it has been absolutely amazing.

"Our clients are still talking about it."

THERE WAS A REAL SENSE OF PRIDE THAT THEY WERE ABLE TO ACHIEVE SOMETHING TO A HIGH LEVEL.



## The Cycle of Giving



When Jasminka, her son and grandson turned up at our Family Centre with a trailer brimming with goods to donate, it was the culmination of a very long journey.

A journey that started with Jasminka's upbringing in Croatia, her fleeing to Serbia with three young children to live in a refugee camp post-war, and her move to Australia to start a new life.

It was 1999 when Jasminka arrived in Adelaide with her husband and children, then aged 5, 15 and 18.

"When we arrived we had nothing," Jasminka recalls.

Our Emergency Relief program helped the new arrivals by providing them with clothes and vouchers to buy food.

The family slowly carved out a life here, gaining work, education and a house in Salisbury, where Jasminka now lives with two of her sons, her daughter-inlaw and three grandchildren.

All three of her boys have gone on to develop successful careers as an electrician, a small business owner and a chef.

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"Just one suitcase and three boys."

- "I have worked very hard to raise my children and give them everything," Jasminka says.
- "None of it would have been possible without that help when we first arrived.
- "Now we are able to give back."

And that is just what the family is doing.

The trailer of goods they donated included a multitude of clothes, shoes, toys and other household items.

Jasminka says being able to donate was a defining moment for her.

- "I know someone will be able to use these things," she says.
- "I feel happy and satisfied that I can do good things and now help others."

Our Anti-Poverty Team Leader, Cindy Adey, says stories such as Jasminka's inspire her work every day.

- "Seeing a family come full circle, from being the recipient to becoming the donor, is what gets me out of bed in the morning," Ms Adey says.
- "That's what our role in the community is all about – helping people to help themselves and then, in an ideal world, being in a position to help others."

## I FEEL HAPPY AND SATISFIED THAT I CAN DO GOOD THINGS AND NOW HELP OTHERS.



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Par /ar	alowie Salisbury				
	Parafield	RI	Golden	Grove	
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## Housing Security Key to Happiness



Shona and Derek have lived in their Rosewater house for six years but say it took a long time for it to feel like home.

For the first three years, the property was being managed by a housing co-operative, which was on the verge of disbanding creating a "very disruptive time".

The couple says not knowing what the future held created a lot of stress and insecurity.

They also found the extra commitments required to live in a housing co-operative, including meetings and after-hours phone calls, difficult to fit in with their already busy lives.

I was looking up caravan parks because I couldn't live like that," Shona says.

We are very ordinary, quiet people. We don't want drama."

During their third year in the house, the co-operative officially disbanded and Portway Housing Association stepped in to manage the property.

Derek says the immediate difference in their lives was astounding.

"Compared to a co-op, you don't have to go to a meeting every month or be part of a group to look after the houses, whereas in a co-op you have to – there is no choice," he explains.

"It was pretty much a seven-day job between work and the co-op.

"Now we can breathe."

Shona says with Portway Housing, the relationship between landlord and tenant is simple: "Portway want us to be good tenants and pay our rent, which we do, and they leave us to live our lives."

The relationship may be simple but for Shona the consequences have been far reaching.

For years she has suffered with anxiety and says housing security was one of the causes.

"Because we feel secure with Portway, I don't have anxiety about where I live anymore.

"We feel now that if something happened, we would never be homeless because the association would be able to help us out.

"They have been just an absolute Godsend.'



**BECAUSE WE FEEL SECURE WITH** PORTWAY, I DON'T HAVE ANXIETY **ABOUT WHERE I** LIVE ANYMORE.

## **OUR ORGANISATION'S STRUCTURE**



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## HIGHLIGHTS



## **CELEBRATING OUR DIVERSITY**

Our residents enjoyed many cultural celebrations at our aged care sites this year, including Chinese New Year, Ukrainian Independence Day, Croatian Independence Day and Polish Independence Day. The sites treated residents to food from the different cultures, as well as presentations, music and even some dancing. The festivities allow residents to stay connected to their cultures, as well as celebrate the diversity at our sites.







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## WESLEY HOUSE REDEVELOPMENT

Major works on the \$40 million Wesley House redevelopment took place throughout the year, with the three-stage project on track for completion by October. The Semaphore Park aged care home includes 168 private bedrooms with ensuites, large activity spaces, a hairdresser and café. Residents of nearby Morpeth Aged Care will move to Wesley House to enjoy the modern accommodation, once Stage 3 is complete.

"It's marvellous that we are almost there after a number of years planning and building."

UCWPA Senior Manager Aged Care Deborah Burton



## AGED CARE UPGRADES

Over the past 12 months we have continued to upgrade our aged care sites to provide an optimal level of care and comfort for our residents. Refurbishments included:

- Provision of ceiling lifters at many sites.
- Provision of high quality beds.
- Upgrades of nurse call systems.
- Improvement to outdoor spaces at Regency Green, including entertaining areas.
- Inner courtyard deck upgrade at Hawksbury Gardens to make it 'all weather'.

## RESIDENCE

We welcomed our first dog into Regency Green Multicultural Aged Care under our new Pets in Residence program. We have dedicated one room at the site for a resident with a dog, and another to accommodate a resident and their cat. The initiative is part of our commitment to provide pet-friendly options for people moving into aged care. We also established a secure fenced dog exercise area outside Regency Green to enable family members to bring pets to visit their loved ones.

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## PETS IN

## **ETHNIC LINK SERVICES**

This year Ethnic Link Services provided specialised support and programs for 1551 older people from 45 ethnicities and 51 countries of birth. ELS works across 7 of the 11 Aged Care Regions in SA and has continued to expand its services including:

- Regional Assessment Service for My Aged Care, which involves undertaking home-based assessments to help older people access services that will assist them to remain living in their own homes longer.
- Newly funded Arabic speaking services.
- Social groups' expansion from 17 to 20 groups.

ELS has also introduced classes to teach seniors with little or no English how to use the internet to improve their quality of life.



## Hang it up for Poverty

Our winter campaign to support SA's homeless, Hang it up for Poverty, was a resounding success with a record 17,456 items of clothing donated and \$39,460 raised.

### Highlights of this year's campaign include:

- We partnered with the Central Market Kitchen, EcoCaddy, Spring Gully Foods and UC Invest to run the inaugural Adelaide Tea Break during Homelessness Week. We delivered morning tea to more than 300 city workers, raising \$6338 to support the important work of our Homelessness Services.
- The Wesley Social Enterprises team again played a huge part – washing and sorting all the clothes, plus building clothing racks for our first dedicated distribution centre. The centre in Alberton allowed charities from across SA to bring people in need to us for a free shopping experience, further expanding our impact.
- Our annual Quiz Night was attended by a record 210 people and raised \$6170 for our Homelessness Services. The event at the Arkaba Hotel was hosted by Sean Craig Murphy, who this year became our first official HIUFP Ambassador!
- We ran a cooking class at the Central Market Kitchen for a group of young people experiencing homelessness. The class included a market tour, tips on shopping for nutritious food on a \$7-a-day budget and a lesson with a dietitian. It was so successful plans are now underway to incorporate the market kitchen experience into an ongoing life skills program for homeless youth.

- We opened our first Soup Kitchen at the Family Centre using money raised through Hang it up for Poverty, allowing people in need to enjoy a free hot lunch.
- We've established some incredible new partnerships including: with Fancy Burgers and Grill'd, which each raised funds for HIUFP through the sale of burgers and in-store customer donations; Adelaide fashion designer Liza Emanuele, who donated some of her amazing outfits; and the Young Lawyers Committee, which saw law firms across Adelaide donate business attire to HIUFP to help people in need find work. A massive thank you to all involved!

Campaign Manager Alice MacFarlane says the community's generosity and passion to get behind the cause has been overwhelming.

"Every year Hang it up for Poverty grows and I am in awe of the way the community has got behind us again this year," Ms MacFarlane says.

"Our first Adelaide Tea Break has seen us forge new relationships with city businesses, our quiz night was a huge success, our mobile wardrobe collected a record number of donations and our new clothing distribution centre means our community impact is greater than ever.

"To be honest, it is overwhelming but in a fantastic way."

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66 EVERY YEAR HANG IT UP FOR POVERTY GROWS AND I AM IN AWE OF THE WAY THE COMMUNITY HAS GOT BEHIND US AGAIN THIS YEAR.









## **RECONCILIATION IN THE WEST**



## CHRISTMAS APPEAL SUCCESS

## FOOTBALL LIFE

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We started Football Life in February to bring young people from diverse cultural backgrounds together to reduce social isolation. Each week dozens of 12 to 25-year-olds meet up in the Adelaide Parklands to play the World Game and forge friendships. Adelaide City Council has helped fund the program and the University of South Australia has provided volunteers.

"We have a lot of guys from Afghanistan, Iran and from across Africa ... a lot of culturally diverse young people are coming from all over Adelaide to be involved."

UCWPA Youth Project Officer Josh Smith





"People have united to bring a smile to hundreds of children on Christmas morning, and to ease the financial pressure for their families."

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Christmas Appeal Coordinator Clarisse Semler-Hanlon

We were privileged to take part in this year's Reconciliation in the West event at Tauondi College – a fusion of colour, music, learning and community collaboration. We partnered with Reconciliation SA, Tauondi College, Life Without Barriers and Anglicare SA to stage the event on June 2, as part of National Reconciliation Week. This year's theme, 'Our History, Our Story, Our Future,' brought the community together to celebrate and recognise the ongoing journey of reconciliation. Our Chief Executive Officer Libby Craft was among the speakers and our staff and volunteers set up interactive stalls to engage the community and share information about our services.

A record-breaking 2654 toys were donated to distribute to children in need during our Christmas Appeal and more than \$8000 in cash donations was received. Our biggest collector was the SA Power Networks Employee Foundation, which collected 347 toys and books.

Other highlights from the appeal included:

- More than 380 shopping bags filled with non-perishable food and other household goods were donated the equivalent of almost 4000 items.
- Westminster School donated more than 1000 items of food.
- Raine and Horne Semaphore donated all proceeds from the LED candles sold at the Semaphore Carols, raising \$500.
- A further \$3,450 was collected through the Target \$1 Christmas bauble sales, which was used to buy gifts for teenagers.



## CONNECTUP FESTIVAL

Our ConnectUP Festival at the Family Centre on October 14 was a huge success with kids' activities, live music and access to information about UCWPA and other local services throughout the day. About 140 clients and staff came together for the festival, enjoying free burgers and refreshments provided by the Rapid Relief Team (RRT). It doubled as a launch event to celebrate our new corporate partnership with RRT, and to spread the word about our free monthly lunch program. The program started in January, with RRT visiting the Family Centre on the last Tuesday of each month to provide a free lunch to people in need.

## URBAN YOUTH LAUNCH

We partnered with Re-engage Youth Services and Aboriginal Family Support Services this year to roll out a new program for young people across Adelaide. URBAN Youth Services provides support in a range of areas including building resilience, improving mental health, maintaining finances, reducing social isolation and reconnecting with education. Our team of case workers provides support through group-based programs as well as individual case management. The initiative is funded by the Department for Communities and Social Inclusion.

## BUILDING FAMILY OPPORTUNITIES

In June we were awarded an "This 18-month contract to deliver a new program, Building Family Opportunities – Families in Transition (FiT). The program will help families in the City of Playford and selected postcodes of Salisbury who are seeking employment because of redundancies arising from industry closures. It will take over from our existing BFO program, which will conclude in December 2016. BFO FiT will support more than 230 families to find jobs and connect with training

and education.

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"This program is aimed primarily at people transitioning out of industries. It is about helping them or somebody in their family find employment."

UCWPA Senior Manager Community Services Meredith Perry

## **CLOTHING DISTRIBUTION CENTRE**

The Wesley Social Enterprises team was instrumental in this year's Hang it up for Poverty campaign, helping to build clothing racks to create our first distribution centre. The centre in Alberton allowed the seamless distribution of more than 17,000 items of donated clothing to charities across SA. It also provided a way for people in need to have a free shopping experience and choose the clothes that were just right for them and their families. The WSE team spent 489 hours processing a massive 272 loads of washing to make it all happen.

"They feel good about what they are doing and about themselves because they are helping the community they are a part of."

WSE Business Supervisor Shayne Pay



## TAPEROO COMMUNITY CENTRE

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Taperoo Community Centre continues to thrive, helping hundreds of people learn new skills in a warm and welcoming environment. The centre introduced several new classes this year including low impact exercise classes run by a physiotherapist, a meditation class and a class to encourage people to express their creativity through art. In June the centre's work was featured in a national media campaign where journalists across the country spent a day visiting volunteers in the community.



## A PLACE TO CALL HOME EXHIBITION

Our Homelessness Service opened its doors to the community in early October to share a very special exhibition exploring the 'homeless experience' through artistic expression and storytelling. Themed 'A Place to Call Home', the exhibition was viewed by 1200 people over the Port Festival weekend (October 10-11) with some visitors saying it was "the best thing about the event". The exhibit showcased abstract portraiture and photography created by people who are homeless or have previously been homeless, and artworks created by staff of the service and local artists.







"Many people don't know the stories behind homelessness, so we wanted to share some of them with a creative and inspiring approach that would help to provide a better understanding of homelessness in our communities."

Western Adelaide Homelessness Service Manager Joe Gannon

## PARENTSNEXT CONTRACT

The Australian Government announced in March we had been selected to deliver a new program helping parents with young children prepare for future employment. ParentsNext is available to families living in the City of Playford, helping them prepare to join or re-enter the workforce by the time their youngest child starts school. The contract complements our existing employment services being offered in Adelaide's northern suburbs. ParentsNext is a flexible program which allows us to tailor our support to meet individual needs.

Health Conference at the National Convention Centre in August. UCWPA Community Mental Health Program Manager Phil Jones and Coordinator Robert Habel travelled to Canberra to present their paper on the program, which supports GPs to meet the holistic psychosocial needs of people with a serious mental illness. The program has seen significant benefits for people in the community, including improvements for their independence, social links, health and finances. Our community mental health staff also benefited from a conference focussed on Young People's Mental Health and Well Being at Port Adelaide Football Club in September. The University of Adelaide's Paediatric Mental Health Training Unit conducted training for our staff around suicide and self-harm, building rapport with families and deescalating aggressive adolescents.

"Community Mental Health is a growing area of need and it is therefore vital we continually engage in training and evolve our practices to ensure people are supported to manage their recovery and wellness, no matter their circumstances."

UCWPA Community Mental Health Program Manager Phil Jones

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## COMMUNITY MENTAL HEALTH CONFERENCES

# The success of our GP Access program was highlighted at the annual Mental

## PORTWAY HOUSING DEVELOPMENTS

Portway Housing Association started work to create a further 14 affordable properties in the western suburbs this year. Eight derelict townhouses on Torrens Rd, Pennington, are being completely refurbished and a new six-townhouse development is underway in Kidman Park. The demolition phase for the Pennington project is now complete and the restoration phase is underway, with completion expected in April 2017. Construction at Kidman Park is expected to start in January 2017. Portway Housing helps low income families, young people, refugees and people living with mental health related disabilities secure long-term, affordable and appropriate housing. These developments will bring the number of properties managed by Portway to more than 380.



## From Homeless to Home

Brett spent more than two years sleeping in cars and abandoned houses, all the while trying to hide his homelessness from his workmates. He used to arrive on site half an hour

early to use the bathroom to wash himself so nobody would be aware of his double life.

"I didn't want to go to work smelling of sweat from sleeping in the car," Brett says.

"When the car wasn't working I'd walk to work - I'd have to get up at 3.30am to start work at 5.30am.

"Again I proceeded to fool them by going to work early and having a shower and wash."

Despite the struggle of homelessness, Brett continued to take on any work he could to ensure he could keep his head above water.

But being a casual worker meant he would often go days without a shift, making it impossible to afford a private rental.

"Some weeks were good and some weeks I'd just scrape through."

Brett was put into contact with our Western Adelaide Homelessness Service, which changed his life. Within a few months he was moving into a unit, where he still lives today. "It's been a Godsend, basically," he says.

"It was like a weight lifted off my shoulders - I had a roof over my head.

"Without these guys helping me, I'd still be homeless."

We are also supporting Brett with counselling to work through the trauma of an assault he experienced while he was homeless. He was punched while walking down the street and suffered a broken jaw, which has so far required two operations. It still needs more surgery

"I was gainfully employed prior to having my jaw broken but I just can't seem to shake that off," he says.

"I distrust people now. I went into my shell for a bit. I didn't like people coming up from behind and tapping me on the shoulder.

I'd cower and think someone else was going to assault me."

Brett says talking about the assault is helping him see a path forward.

He hopes that with the support of UnitingCare Wesley Port Adelaide, he will be able to secure full-time employment and improve his physical and mental health.

"I can see there's light at the end of the tunnel, it's just a matter of going in a straight line to get to that light.

"There's deviations at times with your head and stuff like that.

"I have my good days. I have my bad days. Today is a good day."



IT WAS LIKE A WEIGHT LIFTED OFF MY SHOULDERS - I HAD A ROOF OVER MY HEAD.

## FINANCIAL STATEMENT

### SUMMARY CONSOLIDATED STATEMENT OF FINANCIAL POSITION - FOR THE YEAR ENDED 30 JUNE 2016

	2016 \$	2015 \$
ASSETS		
CURRENT ASSETS		
Cash and cash equivalents	4,179,433	8,097,935
Accounts Receivable and other debtors	2,583,252	2,621,304
Financial assets	24,966,703	24,765,638
Other current assets	301,055	238,984
TOTAL CURRENT ASSETS	32,030,443	35,723,861
NON-CURRENT ASSETS		
Property, plant and equipment	115,337,913	101,944,166
Intangibles	1,895,671	837,639
TOTAL NON-CURRENT ASSETS	117,233,584	102,781,805
TOTAL ASSETS	149,264,027	138,505,666
LIABILITIES		
CURRENT LIABILITIES		
Accounts Payable and other payables	6,672,271	5,564,485
Other financial liabilities – non-interest bearing	37,582,404	29,967,249
Provisions	6,786,096	6,178,133
TOTAL CURRENT LIABILITIES	51,040,771	41,709,867
NON-CURRENT LIABILITIES		
Provisions	960,194	1,027,615
TOTAL NON-CURRENT LIABILITIES	960,194	1,027,615
TOTAL LIABILITIES	52,000,965	42,737,482
NET ASSETS	97,263,062	95,768,184
EQUITY		
Reserves	49,608,170	51,507,863
Retained earnings	47,654,892	44,260,321
TOTAL EQUITY	97,263,062	95,768,184

(44)

## SUMMARY CONSOLIDATED STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHENSIVE INCOME - FOR THE YEAR ENDED 30 JUNE 2016

70,831,498 (49,221,005) (4,003,378) (5,225,312) (4,813,585) (32,532) (4,141,115) 3,394,571 Nil 3,394,571	64,803,002 (45,202,607) (3,252,245) (5,241,935) (4,953,748) (56,625) (3,454,320) 2,641,522 Nil 2,641,522
(4,003,378) (5,225,312) (4,813,585) (32,532) (4,141,115) 3,394,571 Nil	(3,252,245) (5,241,935) (4,953,748) (56,625) (3,454,320) 2,641,522 Nil
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(4,141,115) 3,394,571 Nil	(3,454,320) 2,641,522 Nil
3,394,571 Nil	2,641,522 Nil
Nil	Nil
3,394,571	2,641,522
77,708	-
(1,073,238)	(1,398,478)
(904,163)	(356,577)
-	326,447
(1,899,693)	(1,428,608)
1,494,878	1,212,914
1,494,878	1,212,914
	(904,163) - (1,899,693) 1,494,878

have been derived from the Association's full financial report for the financial year.

Other information included in the summarised financial statements is consistent with the Association's full financial report.

cannot be expected to provide as detailed an understanding of the financial performance and financial position of the Association as the full financial report.

(45) -

The summarised financial statements have been prepared on an accruals basis, are based on historical costs and presented in Australian Dollars.

policies adopted by the Association may be found in the Association's full financial report.

## Nexia Edwards Marshall

### INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF UNITINGCARE WESLEY PORT ADELAIDE INC AND CONTROLLED ENTITY

REPORT OF THE INDEPENDENT AUDITOR ON THE SUMMARISED FINANCIAL STATEMENTS

The accompanying summary financial statements, which comprises the summary consolidated statement of financial position as at 30 June 2016, the summary consolidated statement of profit or loss and other comprehensive income, for the year then ended, are derived from the audited financial report of Uniting*Care* Wesley Port Adelaide Inc and Controlled Entity ("the Association") for the year ended 30 June 2016. We expressed an unmodified audit opinion on that financial report in our report dated 20 October 2016. That financial report, and the summary financial statements, do not reflect the effects of events that occurred subsequent to the date of our report on that financial report.

The summary financial statements do not contain all the disclosures required by Australian Accounting Standards – Reduced Disclosure Requirements, the *Associations Incorporation Act 1985* and the *Australian Charities and Not-for-profits Commission Act 2012*. Reading the summary financial statements, therefore, is not a substitute for reading the audited financial report of the Association.

### Board Members' Responsibility for the Concise Financial Report

The board members are responsible for the preparation of a summary of the audited financial report in accordance with Australian Accounting Standards – Reduced Disclosure Requirement, the Associations Incorporation Act 1985 and the Australian Charities and Not-for-profit Commission Act 2012.

### Auditor's Responsibility

Our responsibility is to express an opinion on the summary financial statements based on our procedures, which were conducted in accordance with Auditing Standard ASA 810 *Engagements to Report on Summary Financial Statements*.

### Opinion

In our opinion, the summary financial statements derived from the audited financial report of Uniting*Care* Wesley Port Adelaide Inc and Controlled Entity for the year ended 30 June 2016 are consistent, in all material respects, with that audited financial report, in accordance with Australian Accounting Standards – Reduced Disclosure Requirements, the *Associations Incorporation Act 1985* and the *Australian Charities and Not-forprofits Commission Act 2012*.

Nexia Eduards Marshall

Nexia Edwards Marshall Chartered Accountants

Vira Damien Pozza

Partner

Adelaide South Australia

### 7 November 2016

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## THANK YOU

A sincere thanks to donors, sponsors and funding bodies, the Board of Directors, staff and volunteers for their support and commitment in working together to create a compassionate, respectful and just community in which all people participate and flourish.

> Photography by Cath Leo. Thank you to the people in the community we support for sharing their stories.

> > (47)



## An Inspiration to Others

Stuart Rutter wants to show people with a mental illness there is hope.

Hope for recovery, hope for independence, hope for a positive future.

He knows because he has been there.

While the 49-year-old is now employed as a support worker in our Community Mental Health programs, he did not first come to us seeking work.

He came seeking support from our GP Access program to help him manage his debilitating depression and Obsessive Compulsive Disorder (OCD).

It was 10 years ago and Stuart had already been experiencing mental illness for a decade.

"I was diagnosed with major depression when I was 27 and for 10 years, because I didn't want to stay on medication because of side effects, I was unwell," he recalls.

"I was hospitalised four times and the depression made the OCD worse.

"My last stay in hospital lasted three months."

Stuart's depression was triggered by a failed attempt to complete his Bachelor of Theology in Melbourne, after which he returned to Adelaide with "a lack of purpose and meaning".

His depression soon spiralled and brought out his OCD and associated anxiety.

After struggling for a decade, Stuart's last hospital stay was the catalyst for change.

He agreed to go on medication and started seeing a psychiatrist.

He spent time with support workers from GP Access, who helped him manage his health and wellbeing.

He also started seeing a psychologist who used Cognitive Behaviour Therapy (CBT) to reduce his anxiety and OCD.

"OCD is very difficult to understand it's a very complex disorder," Stuart says.

"With the CBT I am learning to drop the rituals and to face the anxiety."

Stuart will tell you his battle with mental illness is not over, but he is learning to live a productive, independent life.

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Last year he returned to our organisation after completing a Bachelor of Social Work to take up a paid position as a support worker with our Individual Psychosocial Rehabilitation Support Service program.

Stuart gained great satisfaction from his work until he decided to take a step back to focus on his own mental health for a while.

He has since volunteered with our team at the Personal Helpers and Mentors program and this year took up another paid position – as a casual relief worker with our Avalon and Community Living programs.

Stuart says his journey has not been easy but it has given him a goal.

He will continue his studies and visualises one day working in private practice, using the same CBT and mindfulness techniques that have helped him so much along the way.

"I want to use my lived experience of mental illness to give others a sense of hope on the journey to recovery."

I WANT TO USE MY LIVED EXPERIENCE OF MENTAL ILLNESS TO GIVE OTHERS A SENSE OF HOPE ON THE JOURNEY TO RECOVERY.



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