HOW TO WEAR A MASK SAFELY

1 — Practice **hand hygiene** before touching mask
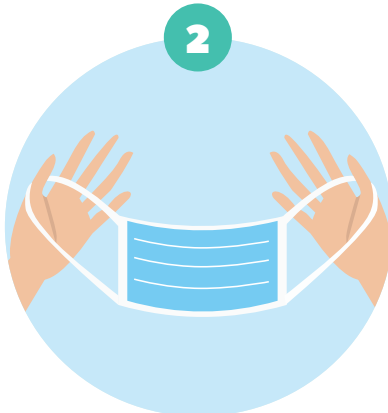
2 — **Inspect mask** for tears and holes

3 — **Find top side**, where metal or stiff edge is

4 — Ensure **colour side faces outwards** ✓ ✗

5 — **Press stiff edge** of mask firmly to bridge of nose

6 — Ensure **mouth, nose and chin** are covered

7 — **Avoid touching** face

8 — **Dispose of mask** directly after use - don't place on surfaces

9 — **Wash hands** after discarding