

UNITING
SA *Together
we can*

COTA 
For older Australians

ETHNICLINKS INFORMATION HUB

Connecting older people from diverse cultures with
the services they need to live their best lives





Our EthnicLinks Information Hub connects older people from diverse cultures with the services they need to live their best lives – at home and in the community.

How can we help?

Our EthnicLinks Information Hub delivers free information and support in the person's preferred language to help them:

- Understand the range of services available to them so they can make informed decisions about their care
- Register with My Aged Care
- Navigate the aged care system so that they access services which are right for them

How is support provided?

Information and support is provided face-to-face, over the phone and at information sessions delivered in English and other languages.

Who can we help?

We can help people aged 65 and over who reside in metropolitan Adelaide and are from a non-English speaking background. We also provide information and advice to family, carers and service providers.

Find out more today.

Contact our EthnicLinks Information Hub on **0422 978 161** or **ethniclinks@unitingsa.com.au**.