



### What will it cost?

The Australian Government provides funding for Home Care Packages, but you will be asked to contribute to the cost of your care. The amount you pay will be determined by your income.

If you don't wish to wait for funding approval, or are not entitled to government funding, and want to start receiving services straight away, you have the option of buying services through our self-funded service program.

This could be as a one-off service or a bundle of services. Our self-funded services are flexible and easy to arrange.

### Who are we?

UnitingSA is a not-for-profit organisation all about personalised aged care experiences. We work collaboratively to create flexible care and accommodation choices, with a long and proud history of working with the community.

We give you a choice of residential aged care, retirement living, home care and respite so you continue to choose the way you live.



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UnitingSA acknowledges the traditional owners of country throughout South Australia, their spiritual heritage, living culture and our walk together towards reconciliation.

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AGED CARE

# HOME CARE SERVICES

Live at home with our help



## **Our Home Care services will help you live an independent lifestyle in your own home for as long as possible.**

We can support you to remain happy and safe with a package of services designed around your freedoms and needs.

### **How does it work?**

We work closely with you to create a package of services that responds to your assessed care needs.

- First, you will need to contact My Aged Care on 1800 200 422 and arrange an assessment by an Aged Care Assessment Team (ACAT).
- The ACAT assessment will determine the level of support you can receive.

We understand it can be complex. But there's no need to worry — we're here to guide you through the process.

### **What will you receive?**

- A package of services designed by you and delivered by friendly, familiar staff
- A flexible professional service
- A monthly service statement identifying your budget and services provided
- Experienced advisors supporting you to maintain control of your life
- The option of language and cultural support



### **Here's a sample of the types of services we provide.**

To find out about all of the services we offer, call our friendly team on 8448 6250.

#### **Home help**

- Housework, cleaning, laundry, home maintenance and gardening

#### **Nursing and allied health**

- Assistance and advice with mobility, medication management, home modifications, continence management, wound care, dementia care, palliative care, and consultation with a Nurse Practitioner

#### **Personal care**

- Bathing and dressing, including access to home hairdressing and hospital-at-home support

#### **Equipment**

- Mobility, and bathroom or personal aids

#### **Meal preparation**

- Cooking and overseeing dietary requirements

#### **Social support**

- Outings and excursions, as well as support maintaining family and community links

#### **Shopping**

- Assistance to get the things you need

#### **Transport**

- Assistance to attend appointments and community activities

#### **Pet care**

- Dog walking, cat care and vet appointments

#### **Respite care**

- Short-term residential care

#### **Self-funded services**

- Fee-for-service is available if ineligible for government funding