

TAPEROO COMMUNITY CENTRE



14-20 Yongala St, Taperoo, SA 5017 **P.** (08) 8248 2122 **W.** unitingsa.com.au/taperoo-community-centre

Everyone is welcome at Taperoo Community Centre, where we help people of all ages and all backgrounds develop new skills and meet new people.

MONDAY

PAINTING FOR FUN AND ENJOYMENT

TIME 10am - 12pm or 1pm - 3pm sessions

COST \$5 per session

Enjoy developing your painting skills in a friendly, helpful environment. Paint and brushes supplied.

COMMUNITY CRAFT GROUP

TIME 9.30am - 11.30am

COST Gold coin donation

Come along and work on your own craft projects (i.e. knitting, sewing and crocheting) in a friendly and social environment.

NEW: BOOK APPRECIATION GROUP

TIME 1pm - 2.30pm

COST Gold coin donation

Spend some relaxing time reading and discussing story books together. Enjoy exploring a variety of authors and their writing styles.

TUESDAY

OVER SIXTIES GROUP

TIME 9.15am - 11.15am (fortnightly commencing 26 April)

COST Gold coin donation

A friendly and welcoming group which meets fortnightly for a variety of social activities.

CAFE DES AMITIES (CAFE OF FRIENDSHIP)

TIME 9.30am - 11.30am (fortnightly commencing 3 May)

COST \$2 for tea, coffee and cake

A brand new space with a French Cafe feel. Come along and enjoy conversation and company with refreshments and delicious cupcakes.

WELLBEING TUESDAYS

TIME 10.30am - 12pm

COST Free of charge

A friendly and inclusive program offering opportunities for friendship and connection while participating in some relaxing art therapy.

GENTLE MEDITATION

TIME 1.30pm - 2.30pm

COST Gold coin donation

Through gentle meditation we will practice techniques to create calm and manage stress during these challenging times.

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WEDNESDAY

LEARNING ABOUT POETRY, PUPPETRY & PERFORMANCE

TIME 9.30am - 11am

COST Gold coin donation

Learning techniques of performance through a variety of mediums including poetry, puppetry and more.

SEWING CIRCLE

TIME 9.30am - 2pm
(fortnightly, commencing 4 May)

COST \$5 per session

Come and join a group of sewing enthusiasts. Take the time to complete those unfinished sewing projects in a friendly, sociable environment.

CRAFT ON A BUDGET

TIME 1pm - 3pm

COST \$5 per session (covers materials)

A variety of craft projects, including painting, collage, card making and more.

THURSDAY

GAMES AFTERNOON

TIME 1pm - 2.30pm

COST Free of charge

Come along and enjoy a fun afternoon playing a wide range of both indoor and outdoor games. Make new friendships and leave your worries behind for a few hours.

NEW COURSE: LIVING YOUR BEST LIFE

TIME 10am - 12pm

COST Gold coin donation

This course will help you increase your confidence and self-esteem by managing anxiety and everyday stresses. We will share strategies for maintaining a positive outlook in life.

NEW COURSE: STAYING CONNECTED

TIME 10am - 11:30am (commences 5 May)

COST Free of charge

A new program providing practical support and assistance with using technology (phones, tablets and computers) for everyday living.

ACTIVITY BY APPOINTMENT

KIDS CONNECT SCHOOL HOLIDAY PROGRAM

COST Free of charge

A school holiday program offering children aged 5-13 a range of sporting and craft activities in a fun, safe environment. Please call the centre for the activity program.

ALL WELCOME AT TAPEROO COMMUNITY CENTRE!

Please remember to book in for any activities you wish to attend as space is limited.

Please note: Due to current COVID-19 restrictions you will need to bring your own snacks and beverages.

Thank you, and see you soon!

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