

# PSYCHOSOCIAL RECOVERY COACH INFORMATION FOR NDIS PARTICIPANTS

**UnitingSA offers Recovery Coach services under the National Disability Insurance Scheme (NDIS) to people who are recovering from a mental health condition.**

## What is a Recovery Coach?

A Recovery Coach is similar to a Support Coordinator, but they have specific mental health knowledge.

They may also have lived experience of mental illness and recovery, and can use this experience to help support you on your own journey.

Recovery Coaches will:

- Spend time with you and the people important to you
- Get to know and understand your needs
- Help you understand your plan and communicate with the National Disability Insurance Agency (NDIA)
- Connect you with support providers
- Assist you to strengthen your support networks and achieve your goals

## Who can we help?

This service is available for people with funding in the Capacity Building section for a Recovery Coach.

If you have funding in your plan for Support Coordination and your primary disability is psychosocial, you can choose to receive Recovery Coach supports rather than Support Coordination.

## How much does it cost?

The hourly rate is in accordance with the NDIS Price Guide.

## Want to know more?

Give us a call or email us. We're here Mon to Fri, 9am to 5pm.

NDIS Intake Team: **1800 531 880** or [ndissupport@unitingsa.com.au](mailto:ndissupport@unitingsa.com.au)

