



What will it cost?

The Australian Government provides funding for home care and support services, but you may be asked to contribute to the cost of your care. The amount you pay will be determined by your income.

If you don't wish to wait for funding approval, or are not entitled to government funding, and want to start receiving services straight away, you have the option of buying services through our self-funded service program.

This could be as a one-off service or a bundle of services. Our self-funded services are flexible and easy to arrange.

Who are we?

UnitingSA is a not-for-profit organisation all about personalised aged care experiences. We work collaboratively to create flexible care and accommodation choices, with a long and proud history of supporting the community.

We offer you a choice of residential aged care, retirement living, home care and respite so you continue to choose the way you live.

AGED CARE

HELP AT HOME

Living at home with our support



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Scan to find out more



UnitingSA acknowledges the Traditional Owners of country throughout South Australia, their spiritual heritage, living culture and our walk together towards reconciliation.

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Our Help at Home services will support you to live an independent lifestyle in your own home for as long as possible.

We can help you to remain happy and safe with a package of services designed around your wants and needs.

How does it work?

We work closely with you to ensure that the support you receive is tailored to your assessed care needs.

- First, you will need to contact My Aged Care on **1800 200 422** and arrange an assessment
- The assessment will determine the level of support you can receive

We understand it can be complex but there's no need to worry — we're here to guide you through the process.

What will you receive?

- A package of services designed by you and delivered by friendly, familiar staff
- A flexible, professional service
- A monthly service statement identifying your budget and services provided
- Experienced advisors supporting you to maintain control of your life
- The option of language and cultural support



Focus on what makes you happy, not housework

Here's a sample of the types of services we provide.

To find out about all of the services we offer, call our friendly team on **(08) 8448 6250**.

Home help

- Housework, cleaning, laundry, home maintenance and light gardening

Nursing and allied health

- Assistance and advice with mobility, medication management, home modifications, continence management, wound care, dementia care and palliative care

Personal care

- Bathing and dressing support

Equipment

- Mobility, bathroom or personal aids

Meal preparation

- Cooking and overseeing dietitian assessed nutritional requirements

Social support

- Outings and excursions, as well as support to maintain family and community links

Shopping

- Assistance to buy the things you need

Transport

- Assistance to attend appointments and community activities

Respite care

- Short-term care in your home

Self-funded services

- Fee-for-service is available if you're ineligible for government funding