



14-20 YONGALA STREET, TAPEROO

Everyone is welcome at Taperoo Community Centre, where we help people of all ages and backgrounds develop new skills and meet other people. Plus, all of our courses are \$5 or under!



OUR COURSES

Painting for Fun and Enjoyment

Practice and enjoy painting in a friendly and helpful environment. **All materials are provided.**

Singing Together

Sing along to your favourite popular tunes in an enjoyable and inclusive space.

Women's Over 50's Friendship Group

Join a group of friendly women to share in a variety of enjoyable activities and outings planned by the group.

Sewing Circle

Work on individual and fun sewing projects with other like-minded enthusiasts.

Board/Card Games/Coffee/Friendship Afternoon

Spend an afternoon playing a wide range of fun games, have a coffee and make new friends.

Storytelling, Poetry & Performance Group Kumangka Karrarendi

Learn techniques such as theatre, poetry and more, all leading up to a fun performance.

Book Appreciation

Enjoy reading and discussing books together to develop skills of reading and comprehension.

Café Des Amites (Café of Friendship)

Enjoy tea, coffee and cake at our warm and friendly café.

Guided Relaxation

Create a calm space to manage stress with a range of gentle relaxation techniques.

Healthy Meals on a Budget

Learn to grow and cook your own veg and other produce into a variety of simple, healthy and low-cost meals.

Living Your Best Life

Bring joy back into your life with practical skills that improve and enhance your livelihood.

Men and Family Relationships Counselling Service

Free, individual counselling for men or family relationship issues.

Creative Crafts

Come together with a group of friendly people to create fun craft items.

Kids Connect

Keep the kids entertained with this free program of arts, crafts and games. Contact Kathy Miller on (08) 8248 2122 for details.

Independent Living Skills

Learn to take the worries out of maintaining your rental property and how to live independently.

Turn the page for this term's schedule and more information.



MONDAY

10am
12 noon

Painting for Fun and Enjoyment

\$5 Cost | Main Hall
Facilitators: Janet and Nance

1pm
3pm

Book Appreciation Group

Gold coin | Community Room
Facilitator: David

1pm
3pm

Painting for Fun and Enjoyment

\$5 Cost | Main Hall
Facilitator: Janet

TUESDAY

10am
12 noon

Café Des Amites

Fortnightly starting 30 July
\$4 cost | Café Room
Facilitators: Elaine and Daphne

10am
12 noon

Singing Together

Fortnightly starting 23 July
Gold Coin | Main Hall
Facilitator: Kathy/Coordinator

1pm
3pm

Group Guided Relaxation

Gold coin | Main Hall
Facilitator: Kathy/Coordinator

WEDNESDAY

10am
12 noon

Storytelling, Poetry & Performance Group Kumangka Karrarendi

Gold coin | Main Hall
Facilitators: Kathy/Coordinator and
Meredith (Kura Yerlo)

10:30am
2:30pm

Sewing Circle

Fortnightly (contact 8248 2122 for dates)
\$5 Cost | Café Room
Facilitator: Pauline

1pm
3pm

Creative Crafts

\$5 Cost | Café or Main Room
Facilitators: Elaine and Daphne

3pm
4pm

Healthy Meals on a Budget

\$5 Cost | Main Room
Facilitators: Elaine and Daphne

THURSDAY

10am
12 noon

Living Your Best Life

Gold coin | Garden Room
Facilitator: Janet

1pm
3pm

Board/Card Games/Coffee/ Friendship Afternoon

Gold coin | Main Hall
Facilitator: David

1:30pm
3:30pm

Women's Over 50's Friendship Group

\$5 Cost | Garden Room
Facilitators: Janet and Elaine

2pm
4pm

Independent Living Skills

Commencing 1 August
Free | Community Room
Facilitators: Nick, Carly and Tilly

Kids Connect School Holiday Program

- Free of charge
- Arts, crafts and games
- Contact Kathy Miller on (08) 8248 2122 for details.

Men and Family Relationships Counselling Service

If you need free, individual counselling for men or family relationship issues, contact Kathy Miller on (08) 8248 2122.