

# My Support Plan



UnitingSA has created a My Support Plan.

When you see 'we' it means UnitingSA.



This plan helps us support you in the way you want and to keep you safe.

It might have things like:

- Who you are and where you live
- The supports you receive
- Medical and health information
- Your emergency contacts.





The plan is for you to tell us about your everyday supports, like going to the shops. It can also help you be ready for an emergency.



An emergency can be things like:

- An accident
- A flood
- A health issue



YES

NO

An emergency may not happen. If it does we want to make sure you are supported. This plan lets you tell us how you would like to be supported if an emergency happens.



We can also talk to your family about how we can support you. You can let us know if you want us to do this or that you do not want us to do this.

You get a copy of the finished plan.



We keep a copy of the plan too.



We will review your supports with you a lot. You can call us any time you would like to talk about or change your support plan.