

#### CHILD, YOUTH AND FAMILY SERVICES

# FAMILY COUNSELLING

Helping families embrace life together



## Our Family Counselling program is here to help you develop healthy relationships.

### How can we help?

We will work with you in a range of ways including:

- Building positive family relationships
- Learning practical tips for talking with and supporting your children
- · Counselling for individuals, couples and families
- Outreach, advocacy support and information
- Referral to other services, support and activities

#### Who can we help?

Families living in the metropolitan region of Adelaide.

### Who are we?

Child, Youth and Family Services are all about providing people with access to support, education and advocacy to help you and your family.

This service is run by UnitingSA — a not-for-profit organisation with a long and proud history of building stronger communities.

### Find out more, or book a time to meet up.

Give us a call on (08) 8440 2248. We're here Mon – Fri, 9am to 5pm.

> 58 Dale Street, Port Adelaide, SA 5015 P. (08) 8440 2248 W. unitingsa.com.au