



TAPEROO COMMUNITY CENTRE



14-20 YONGALA STREET, TAPEROO

Everyone is welcome at Taperoo Community Centre, where we help people of all ages and backgrounds develop new skills and meet other people. Plus, our courses are all \$5 or under!

OUR COURSES

Painting for Fun and Enjoyment

Practice and enjoy painting in a friendly and helpful environment. **All materials are provided.**

Singing/Dancing & Having Fun!!

Sing along to your favourite tunes and have fun learning some new dance moves to well known modern dances in a disco setting.

Women's Over 50's Friendship Group

Join a group of friendly women to share in a variety of enjoyable activities and outings planned by the group.

Sewing Circle

Work on individual and fun sewing projects with other like-minded enthusiasts.

Board/Card Games/Coffee/Friendship Afternoon

Spend an afternoon playing a wide range of fun games, have a coffee and make new friends.

Storytelling, Poetry & Performance Group Kumangka Karrarendi

Learn techniques such as theatre, poetry and more, all leading up to a fun performance.

Book Appreciation

Enjoy reading and discussing books together to develop skills of reading and comprehension.

Café Dell'amicizia (Italian: Café of Friendship)

Enjoy tea, coffee and cake at our warm and friendly café.

Guided Relaxation

Create a calm space to manage stress with a range of gentle relaxation techniques.

Healthy Meals on a Budget

Learn how to cook simple, healthy low cost meals in a friendly group setting.

BRAND NEW COURSE Building Confidence & Self Worth

Learning a variety of strategies and techniques for increasing confidence and building self worth.

Family Relationships Counselling Service

Free, individual counselling for personal or family relationship issues.

Creative Crafts

Come together with a group of friendly people to create fun craft items.

Kids Connect

Keep the kids entertained with this free program of arts, crafts and games.

BRAND NEW GROUP Men's Coffee/Toastie/Talk Group

Come along and make some new friends while enjoying a delicious toasted sandwich, coffee and other activities.

BRAND NEW COURSE Chair Yoga

Breathing techniques and light yoga exercises while sitting on a chair. Get fitter the safe and easy way.

BRAND NEW GROUP Creating Cards & Paper Crafts

Come along, make new friends and learn how to create a special Shabby Chic greetings cards and other paper crafts.

Turn the page for this term's **schedule and more information.**



UNITING
SA *Together we can*



MONDAY

10am
12 noon

Painting for Fun and Enjoyment

\$5 | Main Hall

Facilitators: Janet and Nance

1pm
3pm

Book Appreciation Group

Gold coin | Garden Room

Facilitator: David

1pm
3pm

Painting for Fun and Enjoyment

\$5 | Main Hall

Facilitators: Janet and Nance

TUESDAY

10am
12 noon

Café Dell'amicizia (Italian Café of Friendship)

Fortnightly starting 29th July, 2025

\$4 | Café Room

10am
12 noon

Singing/Dancing & Having Fun

Fortnightly starting 22nd July, 2025

Gold coin | Main Hall

Facilitator: Kathy/Coordinator

1pm
3pm

Group Guided Relaxation

Gold coin | Main Hall

Facilitator: Kathy/Coordinator

WEDNESDAY

10am
12 noon

Taperoo Community Centre Kumangka Karrarendi - Storytelling, Poetry & Performance Group

Gold coin | Main Hall

Facilitators: Kathy/Coordinator and

Meredith (Kura Yerlo)

10:30am
2:30pm

Sewing Circle

Fortnightly (contact 8248 2122 for dates)

\$5 | Café Room

Facilitator: Pauline

1pm
2pm

Creative Crafts

\$5 | Café or Main Room

Facilitators: Zoe and Daphne

2:30pm
4pm

Healthy Meals on a Budget

\$5 | Main Room

Facilitators: Elaine and Daphne

Kids Connect School Holiday Program

- Free of charge
- Arts, crafts and games
- Contact Kathy Miller on (08) 8248 2122.

Family Relationships Counselling Service

If you need free, individual counselling for personal or family relationship issues, contact Tashara Hague on **0418 829 108** or email thague@unitingsa.com.au

THURSDAY

10am
12 noon

BRAND NEW COURSE

Building Confidence & Self Worth

Gold coin | Main Room

Facilitator: Janet

10am
12 noon

BRAND NEW GROUP

Men's Coffee/Toastie/Talk Group

Gold coin | Main Hall

Facilitator: David

12:30pm
1pm

BRAND NEW ACTIVITY

Chair Yoga

FREE | Main Hall

Facilitator: Janet

1pm
3pm

Board/Card Games/Coffee/ Friendship Afternoon

Gold coin | Main Hall

Facilitators: David and Zoe

1:30pm
3:30pm

Women's Over 50's

Friendship Group

\$5 | Garden Room

Facilitators: Janet and Elaine

FRIDAY

12:30pm
2:30pm

BRAND NEW GROUP

Creating Cards and Paper Crafts

\$5 | Garden Room

Facilitator: Elanie