



TAPEROO COMMUNITY CENTRE



14-20 YONGALA STREET, TAPEROO

Everyone is welcome at Taperoo Community Centre, where we help people of all ages and backgrounds develop new skills and meet other people. Plus, our courses are all \$5 or under!

OUR COURSES

Painting for Fun and Enjoyment

Practice and enjoy painting in a friendly and helpful environment. **All materials are provided.**

Singing/Dancing & Having Fun!!

Sing along to your favourite tunes and have fun learning some new dance moves to well known modern dances in a disco setting.

Women's Over 50's Friendship Group

Join a group of friendly women to share in a variety of enjoyable activities and outings planned by the group.

Healthy Meals on a Budget

Learn how to cook simple, healthy low cost meals in a friendly group setting.

Board/Card Games/Coffee/Friendship Afternoon

Spend an afternoon playing a wide range of fun games, have a coffee and make new friends.

Storytelling, Poetry & Performance Group Kumangka Karrarendi

Learn techniques such as theatre, poetry and more, all leading up to a fun performance.

Book Appreciation

Enjoy reading and discussing books together to develop skills of reading and comprehension.

Café Dell'amicizia (Italain: Café of Friendship)

Enjoy tea, coffee and cake at our warm and friendly café.

Guided Relaxation

Create a calm space to manage stress with a range of gentle relaxation techniques.

Kids Connect

Keep the kids entertained with this free program of arts, crafts and games.

Moving Forward After Loss

Learn some valuable steps and strategies to move through and manage the stages of loss.

Family Relationships Counselling Service

Free, individual counselling for personal or family relationship issues.

Creative Crafts

Come together with a group of friendly people to create fun craft items.

Chair Yoga

Breathing techniques and light yoga exercises while sitting on a chair. Get fitter the safe and easy way.

Community Gardening Group

We're inviting local community members to help our garden flourish, connect with others and grow fresh produce for our Cooking Group.

Creating Cards & Paper Crafts

Come along, make new friends and learn how to create a special Shabby Chic greetings cards and other paper crafts.



MONDAY

10am
12 noon
Painting for Fun and Enjoyment
\$5 | Main Hall
Facilitators: Janet and Nance

1pm
3pm
Book Appreciation Group
Gold coin | Garden Room
Facilitator: David

1pm
3pm
Painting for Fun and Enjoyment
\$5 | Main Hall
Facilitators: Janet and Nance

TUESDAY

10am
12 noon
Café Dell'amicizia (Italian Café of Friendship)
Fortnightly starting 3rd February, 2026
\$4 | Café Room

10am
12 noon
Singing/Dancing & Having Fun
Fortnightly starting 27th January, 2026
Gold coin | Main Hall
Facilitator: Kathy/Coordinator

1pm
3pm
Group Guided Relaxation
Gold coin | Main Hall
Facilitator: Kathy/Coordinator

WEDNESDAY

10am
12 noon
Kumangka Karrarendi - Storytelling, Poetry & Performance Group
Gold coin | Main Hall
Facilitators: Kathy/Coordinator and Meredith (Kura Yerlo)

1pm
2pm
Creative Crafts
\$5 | Café or Main Room
Facilitators: Zoe and Daphne

2:30pm
4pm
Healthy Meals on a Budget
\$5 | Main Room
Facilitators: Elaine and Daphne

Kids Connect School Holiday Program

- Free of charge
- Arts, crafts and games
- Contact Kathy Miller on **(08) 8248 2122**.

THURSDAY

10am
12 noon
Moving Forward After Loss
Gold coin | Garden Room
Facilitator: Janet

10am
12 noon
Community Gardening Group
Gold coin | Community Garden
Facilitator: Helen and David

12:30pm
1pm
Chair Yoga
FREE | Main Hall
Facilitator: Janet

1pm
3pm
Board/Card Games/Coffee/Friendship Afternoon
Gold coin | Main Hall
Facilitators: David and Zoe

1:30pm
3:30pm
Women's Over 50's Friendship Group
\$5 | Garden Room
Facilitators: Janet and Elaine

FRIDAY

12:30pm
2:30pm
Creating Cards and Paper Crafts
\$5 | Garden Room
Facilitator: Elaine

Family Relationships Counselling Service

If you need free, individual counselling for personal or family relationship issues, contact Tashara Hague on **0418 829 108** or email **thague@unitingsa.com.au**