

10AM – 3PM TUESDAY TO FRIDAY

DROP IN AND ENJOY A CUPPA, HAVE A CHAT OR JOIN AN ACTIVITY

TUESDAY

Craft Workshops

10am
12 noon Macrame, Fun with Clay, Painting with Yarn, Art with Nature
From \$2 per activity

Noon Lunches

12pm
\$2 - \$5

Gentle Exercise

12:30pm
FREE

Board Games

1pm
3pm Join others for some fun and games
FREE

WEDNESDAY

Cooking Up a Storm

10am
12 noon Help create healthy cheap lunch.
Cost \$5

Noon Lunches

12pm
\$2 - \$5

Gentle Exercise

12:30pm
FREE

A Twisted Yarn

1pm
3pm Crochet, knit, weave, macrame. learn a new skill or bring your current project
\$2

THURSDAY

Friendship Group

10am
12 noon Enjoy a cuppa, some chatter and laughs
FREE

Noon Lunches

12pm
\$2 - \$5

Gentle Exercise

12:30pm
FREE

Craft Workshops

1pm
3pm Macrame, Fun with Clay, Painting with Yarn, Art with Nature
From \$2 per activity

FRIDAY

Colour My World

10am
12 noon Diamond painting, mandala, colour in and zentangle.
Cost \$2

Noon Lunches

12pm
From just \$2

Gentle Exercise

12:30pm
FREE

Men's Zone

12:30pm
4pm Connect and make friends, play pool, enjoy afternoon of games, lego, wood burning. Join in community and fishing outings
FREE

Do you have a skill you would like to share with others? Wanting to volunteer? Talk to us about what other activities you'd like to be part of.