



MOVING FORWARD COURSE

Looking for a job or a fresh start?

If you're aged 18–65 and ready to explore new work or study options, this **free** 8-week course can help you take the next step.

Whether you've just left school or you're changing careers, we'll support you to build skills, set goals and discover the right path for you. Our team can also help connect you with local training opportunities, community supports and potential employers or work placement opportunities.

How this course can help you:

- Improved confidence and self-esteem
- Clear personal and career goals
- Pathways into further study and training
- Job-readiness for volunteer work, work experience or paid employment.



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How is the course delivered?

The course runs once a week from 9.30am to 3pm, for eight weeks. Sessions are designed to be parent-friendly.

We deliver the sessions either online or at a community location near you across Adelaide's northern suburbs and Murray Bridge.

How much is the course?

Moving Forward is a **free** course. Lunch is also provided at no cost.

How do I find out more or enrol?

For upcoming dates and locations, contact Dawn on **(08) 8259 2900** or email **dgray@unitingsa.com.au**



Moving Forward is a Foundation Skills program funded through the Government of South Australia.

At UnitingSA, we recognise Aboriginal and Torres Strait Islander peoples as the First Australians. We acknowledge their ongoing custodianship of the lands and waters on which we live, work and pursue our reconciliation vision.

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